

## Suggestions for Memorizing

**Sunday:** Read this week's memory passage with surrounding verses so you can see it in context. Ask the Lord to help you commit this passage to memory; apply it to your life and use it to bless others.

**Monday:** Read this week's passage (with the reference) aloud ten times. Cover the passage and try to say it aloud (with its reference) ten more times, peeking if necessary. Say each of the memorized passages from previous weeks one time (aloud with references).

**Tuesday:** Cover this week's passage and try to say the verse aloud (with its reference) ten more times, peeking if necessary. Say each memorized passage from previous weeks one time (aloud with references).

**Wednesday-Saturday:** Say this week's passage and each memorized passage from previous weeks one time (aloud with references).

### Other Suggestions:

- Repeat memorized passages once daily for at least 50 days; after that repeat once every week or two.
- Pray daily asking the Lord to help His Word remain in you, using it to feed your soul and minister to others.
- Take advantage of passing "idle" moments during the day to call this week's passage to mind.

These suggestions are based on a Bible memory method developed by Dr. Andrew Davis in his booklet *An Approach to the Extended Memorization of Scripture*, First Baptist Church, Durham, NC, [fbcdurham.org](http://fbcdurham.org).