

Tips for Using the Anchor Verse Journal

For many of us, a blank page is a frightening thing. The Anchor Journal is mostly blank pages. No need to fear. Whether you are working on your Anchor Verses on your own, with a friend or your family or small group, the Anchor Journal can add a whole new dimension to your Scripture memory during 2010. Here are just a few ideas for how you might be able to best use your Anchor Journal.

Personal reflection and application. In your personal devotions, as you work on the memory verse, record your thoughts and reflections of how God is speaking to you through His Word.

Personal prayer. Record thoughts of prayer and praise focused on God and based on your Scripture memory. Relate God's Word to whatever you are facing today. Apply the Scripture to whatever you are facing and turn that application into a prayer. Write it down. Review the journal periodically to see how God has met needs and answered prayers.

Create your own psalm. Reflect on the content of the Scripture and write a psalm that says in a variety of ways the praises, struggles and insights you sense from God's Word at work in your life.

Family or small-group insights. Ask your family or group, what do these verses mean? Record the answers in your journal. As we come to the conclusion of an entire passage, ask the same question about the entire passage. Record each person's thoughts and revisit these thoughts throughout the year.

Don't limit yourself or your group to words. Sometimes people like to draw an image. Allow children and the younger-at-heart or less verbal people to draw visual expressions of God's Word at work in their lives. Try sketching or drawing to express Scripture.

God-centered living. In your own words, rephrase the message of Scripture answering the question: how is God making this Scripture come to life in my life today? At the end of each chunk of Scripture, review what you've written and compile the highlights into a list.

Don't let your blank pages stay blank. Fill them with thoughts, images, insights and struggles all as part of your question to live a God-centered life in 2010.